



**Habitat**  
for Humanity®  
Lake-Sumter, Florida



September  
Staff Update

## Things happening in OUR community...

### YCA Groundbreakings - You're Invited!

**WHAT:** **The Villages Charter School**  
Construction Academy Groundbreaking  
Celebration

**WHEN:** Thursday, September 7th, @ 1:30pm  
**WHERE:** 105 N. Rosewood Street, Bushnell

**WHAT:** **South Lake High School**  
Construction Academy Groundbreaking  
Celebration

**WHEN:** Wednesday, September 13th, @ 8am  
**WHERE:** 205 Line Avenue, Mascotte

**WHAT:** **Leesburg High School**  
Construction Academy Groundbreaking  
Celebration

**WHEN:** Friday, September 8th, @ 8am  
**WHERE:** 1119 Baker Street, Leesburg

**WHAT:** **Eustis High School Construction**  
Academy Groundbreaking Celebration

**WHEN:** Friday, September 15th, @ 8am  
**WHERE:** 1366 Cottage Circle & 1294  
Cottage Circle, Tavares

*We encourage all staff to attend at least one of our community events. If you'd like to attend one of the groundbreakings, please check in with your supervisor to discuss scheduling your attendance.*



### Wellness Initiative Activities - Only ONE Week Left!

#### The Zen Ten

*How close are you to completing 10 zen activities? Take advantage of the following, still available through Sept. 8th!*

- **FREE weekly yoga classes** at the Eustis Office (1806 S. Bay St.) in the Felix Ramirez Room (suite #2B) on Wednesdays from 6:30pm - 7:30pm
- Habitat will pay up to **2 yoga classes** at Euphoria yoga in Leesburg (must keep receipt as it will be a reimbursement - it is \$10 per class). To get the class schedule visit:  
<https://euphoriayogaleesburg.com/>
- Tai Chi, Yoga, or Meditation videos on Youtube

#### Fruits and Veggies Challenge

*Your goal is to reach 5+ servings of fruits or vegetables per day...eat the rainbow!*

Please report your servings every Monday with Melissa:  
[Melissa@habitatLS.org](mailto:Melissa@habitatLS.org)

*For more questions please contact Melanie: x141 or [Melanie@habitatLS.org](mailto:Melanie@habitatLS.org).*

## Things happening in OUR community...

### Our Habitat Family

#### Happy Habi-Versary

Cynthia Brown - 2 years

Jennifer Perez - 11 years

Todd Grossenbacher - 6 years

Dee Salzberg - 6 years

James Burdick - 2 years



### Email Safety - Phishing

*We spend much of our days communicating via email. Like other online spaces, our inboxes are susceptible to having virus-carrying spam content, known as phishing, pop up from time to time. Phishing emails often LOOK like reputable emails, but they come from malicious sources and often include links that can compromise your devices. Here are a few quick tips to keep in mind to help you avoid engaging with phishing emails.*

#### Don't Trust Display Names

Check the sender's email address before opening a message – the display name might be a fake.

#### Check for Typos

Spelling mistakes and poor grammar are typical in phishing emails. If something looks off, flag it.

#### Review the Signature

Check for contact information in the email footer. Legitimate senders always include them.

#### Beware of Threats

Fear-based phrases like "Your account has been suspended" are prevalent in phishing emails.

#### Check in with the Sender

Contact the sender a different way, such as a phone call, to verify they sent the message, and it is not someone posing as them.



**Habitat**  
for Humanity®  
Lake-Sumter, Florida

Youth  
Construction  
Academy

Lake-Sumter, Florida  
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**ReStore**

# Groundbreaking Schedule



**7**  
SEPT

**The Villages Charter School**  
@1:30pm  
105 N. Rosewood Street, Bushnell



**8**  
SEPT

**Leesburg High School**  
@8:00am  
1119 Baker Street, Leesburg



**13**  
SEPT

**South Lake High School**  
@8:00am  
205 Line Avenue, Mascotte



**15**  
SEPT

**Eustis High School**  
@8:00am  
1366 & 1294 Cottage Circle, Tavares

Please RSVP by September 1st to:  
[Melanie@habitatLS.org](mailto:Melanie@habitatLS.org)